





## TAKING CONTROL OF MY LIFE: A CHECKLIST FOR MY IDEAL AGENCY

Use this checklist to help you think about what you might want if you think you might want to get help from an agency to support full control and choice in your own life. You can fill it out online, print out a copy and fill out, or display it on your phone:

Yes or No	
	
Question(s) to ask:	
	<b>How do you help people plan for services?</b>
	Can I ask family and friends to be involved? Can I use person-centered planning and a circle of support?
	<b>Will I have choice about where to live?</b>
	Will you help me look at different options, such as: owning a home or renting an apartment If I decide to get support from a different agency, will I have to move?
	<b>Will I have choice about who to live with?</b>
	Will you help me look at different options, such as living on my own, finding one or a few housemates of my choice?
	<b>Will I have choice about the staff who support me?</b>
	Will they support just me or other people as well? If they don't work out, what happens? How are new staff trained? Will I be involved?



# Community4All



	<b>Will I have choice about my daily routines and activities?</b>
	(e.g., when to get up and go to bed, when to eat)
	<b>Will I have privacy?</b>
	my own room, my own key to the house and my room?
	<b>Will I have choice about my relationships?</b>
	And will I have choice about having family and friends visit in my home?
	<b>Will I have staff support to get involved in my neighborhood and community?</b>
	<b>How to use this checklist: after asking questions, mark “YES” or “NO” in first column as people respond to you. There are other ideas on how to use this, and we will share this with you.</b>